

Here we are in some sort of summer (extreme to extreme, soaking to baking) which means cutting and raking really takes centre stage for a while as we go all out to carry out vital management of the 5% of our wildflower meadows which still remain after a century of intensive farming and development*. There's also still bracken (and even a little bit of balsam) to knock back lest they take over acres of beautiful and diverse habitats. Just for a bit of variety, we've also got a couple of days of ragwort pulling: whilst I (along with cinnabar moth caterpillars) love seeing ragwort in many places, we do need to remove it from some places where it threatens to stop the grazing by animals on which the whole grassland ecosystem relies – in this case parts of Bowthorpe's extensive and beautiful Southern Park.

So, we continue with dogged determination through the dog days of summer, buoyed up by the knowledge we are making a big difference in lots of different ways. Here's just one comment from someone passing by the wildflower area we created on Rouen Road: "I live just up there, it brings me so much joy. EVERYONE is talking about it, how much joy this brings them". Can't ask for more job satisfaction than that really! See our facebook page [\(6\) TCV Norfolk & Suffolk | Facebook](#) for some photos – it really is a picture...

Best wishes,

Mark.

*If I ever get into power, one of my first acts will be to make it illegal to name a new Housing Estate something like "The Meadows" if that's what you have bulldozed to build it!

A programme of Conservation Volunteering to improve local green spaces. [Join in whenever suits you.](#)

Norfolk Environmental Action Team

August 2024

Join us whenever you can, we do not require any regular commitment to attend. FREE Minibus leaves at 10am from the Corner of Queens Road & Brazen Gate, by the traffic lights and glass canopy next to the big Sainsbury's near Norwich bus station [what3words: single.affair.robe]. If you would like a lift from near UEA, please ask. **Booking is NOT usually needed** - just turn up any day, but to be sure of a place on the minibus for days marked **BM** below, contact mark.webster@tcv.org.uk / 07740 899 691. See end of this document for more info, including details about who can attend (most people). Sessions run from arrival on site (depends on traffic and travel distance) to 3.15pm on site. If you do not need to get the minibus back, you can leave whenever you need to (just let the leader know). Minibus returns to central Norwich by 4.15pm at the latest. **Mobile number to contact us on the day: 07740 899 691.**

Date	Site	Activity	Site Meeting Point (if coming by car or bike) at 10.15am unless otherwise stated

Thurs 1 st	Mousehold Heath	To bee or not to bee, that is the question. Bracken control on heath to save the heather for bees and butterflies.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [what3words: sobs.deeply.charm] *ELECTION DAY REMEMBER TO VOTE*
Fri 2 nd	Marlpit Riverside	Ruthless hunting. Hunting down the last pockets of invasive Himalayan Balsam that is.	Hellesdon abandoned train station, on Marriotts Way path, just west of Hellesdon Road, Norwich, nearest postcode NR5 8XN, OS grid ref TG 197 100 [what3words: plans.larger.bars]
Mon 5 th	East Ruston Poors Land	Poor old bracken? Removing young bracken regrowth from the Poor's Land.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] Arriving approx 10.45am.
Tues 6 th	Bowthorpe Southern Park	The Beautiful South(ern). Removing ragwort from a specific area to allow grazing to continue to protect the grassland habitat.	Bowthorpe Southern Park car park, off Roundabout at Three Score Road / Bladewater Road junction, Bowthorpe, Norwich, NR5 9HY. [what3words: found.gent.answer] (OS grid ref TG 176 084)
Wed 7 th	Oulton Broad	Break on through to the other side. Continuing our path through the woods to make a route through the site for local people to use.	Near the turning for Nursery Drive on Monckton Avenue (off Normanstone Drive near roundabout with Peto Way), Oulton Broad, NR32 3EG. [what3words: brains.media.nasal] Arriving at approx 10.55am.
Thurs 8 th	Mousehold Heath	Heather 'tis nobler in the mind? Removing invasive bracken and enjoying the heather in bloom.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [what3words: sobs.deeply.charm] *ELECTION DAY REMEMBER TO VOTE*

Fri 9 th	Bungay Old Cemetery	A trip abroad? A nice little trip across the border to cut and rake the grassy areas of the old cemetery in a fine old town.	Community centre car park, Old Grammar Lane (near junction with B1062 Hillside Road West), Bungay, NR35 1LP. [what3words: wipes.lakeside.agreed] Task begins at 11am.
Mon 12 th	Scarning Meadow	Scarnivores? Cutting and raking up this important flower-rich wetland. Vegan-friendly!	Where Ted Ellis Walk comes off Allwood Avenue (near junction with Chestnut Road), Scarning, Dereham, NR19 2TF. [what3words: astounded.scary.response] Arriving at approx 10.35am.
Tues 13 th	Scarning Meadow	Scarnival? All the fun of the fair day's work looking after the meadow habitat.	Where Ted Ellis Walk comes off Allwood Avenue (near junction with Chestnut Road), Scarning, Dereham, NR19 2TF. [what3words: astounded.scary.response] Arriving at approx 10.35am.
Wed 14 th	Mulbarton Meadows	(Mul)Barton Fink. You can inform everyone that we will be caring for the planted trees.	Co-op shop car park, Cuckoofield Lane (near junction with Birchfield Lane), Mulbarton, NR14 8BA. [what3words: playful.victory.trombone] Arriving approx 10.25am.
Thurs 15 th	Eaton Burial Ground	The Eaton Rifles? No firearms involved, but we will shoot through the job of meadow maintenance.	Eaton Burial Ground Church Lane Eaton, NR4 6NY. The site is hard to spot, but there is a small sign above a low embankment wall. [what3words: driven.slower.apple]
Fri 16 th	Marriotts Way Drayton	Zig and Zag. You might want a Big Breakfast so that you have the energy to cut and rake this site.	Where Marriott's Way long-distance path (old railway line) crosses Taverham Road, Drayton, NR8 6RF. (OS Grid Ref TG 177 135) [what3words: divorcing.disprove.talker]
Sat 17 th	Queen's Hills Community Park	It's all downhill from here. Cutting and raking on the slopes above the lake.	Car park by small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing

			estate, Costessey, Norwich: nearest postcode NR8 5EY. [what3words: lows.science.remarking] Meet at 10am on site, sorry no minibus from central Norwich today.
Mon 19 th	Bowthorpe Southern Park	Way on Down South (Bowthorpe Town). Removing ragwort from selected parts of the site where grazing is vital.	Bowthorpe Southern Park car park, off Roundabout at Three Score Road / Bladewater Road junction, Bowthorpe, Norwich, NR5 9HY. [what3words: found.gent.answer] (OS grid ref TG 176 084)
Tues 20 th	Eaton Burial Ground	The Eaton Rifles, part 2. No need to get in a Jam, we are just using strimmers and rakes.	Eaton Burial Ground Church Lane Eaton, NR4 6NY. The site is hard to spot, but there is a small sign above a low embankment wall. [what3words: driven.slower.apple]
Wed 21 st	Queen's Hills Community Park	Sloping off. Please stay with us as we open out the south-facing slopes for rare burrowing bees.	Where a surfaced footpath comes off Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY. (OS grid reference TG 153 117) [what3words: lows.science.remarking] Arriving approx 10.25am.
Thurs 22 nd	Mousehold Heath	To suffer the slings and arrows of outrageous bracken? Protecting heathland habitats.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [what3words: sobs.deeply.charm] *ELECTION DAY REMEMBER TO VOTE*
Fri 23 rd	Queen's Hills Community Park	Getting high (on the hill). Cutting and raking on the hillside above the lake.	Where a surfaced footpath comes off Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey,

			Norwich: nearest postcode NR8 5EY. (OS grid reference TG 153 117) [what3words: lows.science.remarking] Arriving approx 10.25am.
Mon 26 th	NO TASK	Bank Holiday. Sorry, no task today.	*** NO TASK TODAY *** Please do not come out to join us today.
Tues 27 th	Roughton Meadow BM	Rought-on a limb. Out in the far north (of Norfolk) to look after the school's nature area.	Outside New Inn (opposite chip shop) on A140 at junction with B1436 Thorpe Market Road, Roughton, NR11 8SH. [what3words: sunbeam.scariest.smarting] Arriving at approx 10.35am.
Wed 28 th	Roughton Meadow BM	Rought-on your ear? You'll only be sent away if you don't work safely! Meadow management.	Outside New Inn (opposite chip shop) on A140 at junction with B1436 Thorpe Market Road, Roughton, NR11 8SH. [what3words: sunbeam.scariest.smarting] Arriving at approx 10.35am.
Thurs 29 th	Mousehold Heath	Or to take arms against a sea of bracken, and by opposing end them? Controlling bracken to protect the heather.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [what3words: sobs.deeply.charm] *ELECTION DAY REMEMBER TO VOTE*
Fri 30 th	Earlham Cemetery	A dreaded sunny day? I'll meet you inside the cemetery gates for cutting/raking the meadows.	Meet within the cemetery, on the access road from Earlham Road to the chapel, NR2 3RG. [what3words: harp.sank.lucky]

BOOKING There is usually enough space for everyone on the minibus if we are working in or near Norwich, but for some longer trips the minibus might get full, please email or text Mark (details below) to be sure of a place on the bus. If you would find it helpful to ask us anything before coming on a project for the first time, please do contact us - see below. Otherwise, if you are over 18 and don't have any unspent convictions for serious crimes, you can just turn up and join in. **If you are 16 or 17** you will need a parent or guardian to sign our permission form before you can get started - please contact us if you need one. **If you have unspent convictions** for

sexual or violent offences, you will not be able to volunteer with TCV (please contact us for a confidential chat if you need to check if this applies to you).

MEETING POINTS If you would like a map, or directions to the site, please contact us. FREE Minibus transport is available from outside stated pick-up points only, returning to the same place at the end of the session. We do our best to keep to time, but due to traffic etc, all timings are approximate.

WE PROVIDE All tools and protective equipment are provided, please bring your own refreshments (drinks and a packed lunch) for the day. If a site has toilets this is indicated on the programme by 'WC' in the 'Site Meeting Point' column.

PLEASE WEAR Old work clothes, suitable for the weather. If you have them, please bring reasonably sturdy shoes or boots, and rainwear. We provide work gloves and everything else necessary for the task. You are advised to check if your tetanus inoculation is up to date.

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